Mercy Catholic College Extra curricular Sports/Activities Presentation



Competitive Dance Ensembles



Zefaria A Alyssa D Carys F Keeley F Lynsey F Robyn G Sevana J Sarah J

In Sync Jazz Ensemble

Ceci L Eunice L Rose R Alivia T Olivia T Sabine T Liahna T Hanah W

Outstanding Achievement in Jazz: Alyssa D

In Sync Contemporary Ensemble

Ellie B **Caitlin D** Mary D Tatiana G Arkina J Sevana J Jodie O **Cassy P** Lauren T Olivia T Sabine T



Outstanding Achievement in Contemporary: Sabine T

Anabelle A Zena B Chloe C Tatiana G **Ruby G** Sarah J Abbi M Sienna M **Stella R** Amelia S

In Sync Hip Hop Ensemble



Outstanding Achievement in Hip Hop: Sarah J

Rugby 7s





Mark Cuttler

Lucy K Hannah H Isobella S Chelsea W Min S Em L Isabella B Laci W

Charlize K Gemma F Heidi B Oriana M Olivia L Ashley V Ali P Bianca M Jenny B Ella T







MCC U/14 Coach: Anthony H Manager: Natasha G



Roshani B Eden C Louise F Eva G Sophia H **Arwen H** Sophie H Anna H Lauren M Lucinda N Audrey S Amelia S Lylah T **Abbey-Rose U**



Coach's Award: Lauren M

Best & Fairest: Abbey-Rose U

MCC U/16

Ava M Ariella R Sofia S Alana L Mikaela A Eliza D Isabelle E Chloe G **Charlotte J Olivia** N Phoebe O **Ashley P Gabriella RB** Sophia S Amanda T **Madison W**

Soccer

Soccer

Coach: Greg J /Simon G



Coach's Award: Mikaela A



MCC U/18 Coach: Ashlee S Manager: James M



Sonia A - Lucia C - Yani D - Chanel D Madison E Tahlia F - Gemma F - Amber J Bianca M - Logan M - Madison R Gabriella S - Ashley V





Coach's Award: Sonia A



Best & Fairest: Amber J & Yani D



Most Enthusiastic: Ashley V

Basketball



Mercy Wildcats

Sara A Airley E Erica G (Semester 1) Ruby H Stella K Lauren M Lila M Jacinta R Sophia S



Coach: Simon M * Manager: Kate S



Most Valuable Player : Airley E

Mercy Opals

Coach: Tony K - Manager: Antonia K



Aurelia B Giselle B Brittany C Emma K Abbigail M Ella M Lucy V



Coach's Award: Brittany C



Most Valuable Player: Lucy V

Mercy Minties

Coach: Laura G



Ashley B Bella B Lorena K Ava M Saiorse M **Monica** P **Daniella P** Tahlia T (Semester 1) Chloe Jasmine Y (Semester 1)



BASKETBALL

Coach's Award: Ava M

Players Player: Saoirse M

Mercy Mavericks

Coach: Sinclair W - Manager: Michelle W

Annalise B Amy C Ella J Liberti L Cara M Serena S Lily W Tara W





Best & Fairest: Tara W

Swimming

Swimming is held Tuesday and Thursday mornings at Fitness First Gym Chatswood under the direction of their swim school. The girls train hard to improve stroke proficiency and endurance.

This year the Coach has selected two students for their tenacity and work ethic which has led to an improvement in their skills, swimming ability and fitness.



MCC Swimming

Sara A Sienna B Sofia B Evelyn C Lucia J Caitlin D Alexandra D Zoey G Ruby H Grace H Jessica H Ceci L Emanuela L Vana M Kate M Kaila M Molly M Isabella M Eve O Monica P Annabel S Michelle S Ella T Beatrice T Isabelle V Madison W Elisha Y

Coach's Award: Emanuela L

Coach's Award: Jessica H

Netball

This year MCC fielded 26 teams in the Northern Suburbs Netball Competition. Of those 17 have qualified for semi-finals. This includes all our Year 7 & 8 teams which are predominately coached by Year 11 and 12 Students.

4 finished 1st (Minor Premiers) 3 finished 2nd 7 finished 3rd 2 finished 4th 1 Round 15 Playoff

7 of our teams went on to contest the Grand Final with our 13 D's taking out the Winners title. Throughout the season all teams showed their true Mercy Spirit by playing hard but fair and always trying their best.

We recognise all participants for the commitment throughout the season.



Ex Student teams

MCC 01 MCC 04 MCC 05





Acc

Year 12 MCC 06 D4



Coach: Sirarpy B Manager: Anita G

Sophia B Madison C Demi E Neave F Hannah G Bianca K Sara P Diyashree R



Coach's Award: Diyashree R & Demi E



Most Consistent: Sophia B

Manager: Simone T

Year 12 MCC 02 C1

Gabrielle B Poppy C Camryn C Jemma D Caitlyn M Arwen T Ella T Charlotte W





Most Valuable Player: Camryn C



Best & Fairest: Ella T

Year 11 MCC 08 Cadets 2 Manager: Danielle B



Sophie A Annaliese B Eleanor B Emma B Lynsey F Julia P Aairah P Hayley R Alivia T



Most Valuable Player: Hayley R



Best & Fairest: Eleanor B

Zoe A Isabella B **Phoebe B** Hayley C Jessica H Sienna M Trista N **Michelle S Catherine V Cleo W**

Year 11 MCC 07 Cadets 1 Manager: Jacquie C





Most Improved: Zoe A & Trista N



Best & Fairest: Hayley C

Year 11 MCC 03 D1



Manager: Merelda P

Heidi B Charlize K Georgia L Olivia L Ilenia M Oriana M Meeghan P Amber S

Runners up



Most Valuable Player: Georgia L



Best & Fairest: Oriana M

Coach: Lucas W Manager: Kathy G

Year 10 MCC 12 Cadets 5



Tayah A - Isabella F - Ella L - Daniella P Monica P - Audrey S - Maggie S - Amanda T - Izzy W



Coach's Award: Tayah A



Players Player: Maggie S

Year 10 MC11 Cadets 4

Coaches: Hannah A /Michaela M Manager: Angela R



Sophie A Hayley B Isabelle E Sophia F Isabella M Soufia S Chloe W Leone W

Players Player: Chloe W

Year 10 MCC 10 Cadets 4



Coach: Karen M Manager: Dana S

Charlotte B Olivia F Ava M Isabella M Lily R Ava S Serena S

Semi Finalists

Coach's Award: Serena S



Players Player: Isabella M

Year 10 MCC 09 Cadets 2



Coach: Georgia M Manager: Christine H

> Morgan A Sophie E Hannah H Ashley K Lucy K Lily N Anna R Erika W

Runners Up



Coach's Award: Lucy K

Players Player: Ashley K

Coaches: Aairah P /Lynsey F Manager: Rona S

Indira B Grace C Mikayla K Isabella L Scarlett O Sofia O Olivia O Laura S Tiffany W

Year 9 MCC 17 15 F





Best & Fairest: Sofia O

Year 9 MCC 16 15 F

Coach: Mary B Manager: Alison B



Anabel A Olivia B Catrin B Robyn G Ruby G Sara H Ines M Sophie Q Sabine T



Coach's Award: Ines M



Players Player: Sophie Q

Year 9 MCC 15 15 E

Coach: Michael T Manager: Gaye C



Anabelle A Isabel B Emily C **Scarlett C** Adele P **Briannah S** Lucita T Mia W Scarlett W

Coach's Award: Isabel B

Players Player: Mia W

Runners Up

Honourable Mention: Anabelle A

Year 9 MCC 14 15D

Coach : Karenza R

Giselle B Grace F Rosa J Lucy K Maya K Molly R Amelia S Laci W Hanah w





Coach's Award: Grace F



Players Player: Maya K

Year 9 MCC 13 15B

Coaches: Jessica C /Sofia M Manager: Paula R

Runners Up

Isabella B Sami C Charlize G (injured) Grace H Emily H Caroline L Erica L Kathy S Charlotte T





Coach's Award: Sami C



Best & Fairest: Charlotte T

Year 8 MCC 21 14H Coaches: Julia P & Annaliese B



Iara B Charlotte H Sabel N Samantha O Cartia P Aleisha P Ileana P Prathiksha P

Semi Finalists

Coach's Award: Iara B



Best & Fairest: Samantha O

Year 8 MCC 20 14F



Coaches: Tara W, Zoe A Cleo W Manager: Bita M

Alexandra A Jessica A Catherine D Laura E Caitlin K Joy L Rojen M Lila M Barbara S



Players Player: Lila M

Semi Finalists

Year 8 MCC 19 14E



Coach: Jemma D Manager: Sandra M

Zara B Eve F Josephine H Grace L Imogen M Lia M Edwina R Klancy S Skye T

Runners Up

Most Valuable Player: Edwina R



Best & Fairest: Grace L

Year 8 MCC 18 14D



Coaches: Charlotte F , Tara K Margaret K Manager: Peter C

> Grace A Kate B Mieke C Melissa C Edie D Chloe H Zoe K Mia N

> > **Runners Up**



Coach's Award: Mia N



Most Valuable Player: Zoe K

Year 7 MCC 26 13G

Coaches: Izzy B , Phoebe B Hayley C Manager: Christina C

Cassidy C Milly M Anna H Ceci L Eleanor R Matilda R Stella R Margaret W

Semi Finalists



Coach's Award: Eleanor R



Players Player: Milly M

Year 7 MCC 25 13F

Saffron B Jennifer C Lucinda C Sibella D Charlotte G Cordelia M Ella N Keira R Isabella S



Finalists

Coaches: Amber S & Hayley R Manager: Serena A



Coach's Award: Ella N



Players Player: Saffron B

Year 7 MCC 24 13E

Manager: Kate S **Charlotte B Caitlyn** C **Caitlin D Ruby H** Natalia M **Ruby O Elizabeth P Sophia S Alexandra T**

Semi Finalists

Coaches: Sara P & Bianca K



Coach's Award: Sophia S



Players Player: Ruby H

Year 7 MCC 23 13D

Coaches: Poppy C & Ella T Manager: Serena A

Kayla A Marianna F Jorja H Lauren K Stella K Amelia L Adelaide P Brigitta P Olivia S





Coach's Award: Adelaide P



Players Player: Jorja H

Year 7 MCC 22 13B

Coaches: Oriana M & Ella J Manager: Kath E



Ilana C **Abby D Airley E Olivia** F Erica G **Charlotte F** Matilda R Ana R

Semi Finalists



Most Valuable Player: Erica G



Best & Fairest: Airley E

Levelled and Badged Umpires in 2022

Juniors

JL3 Ruby O Lucinda C Kayla A Ilana C Amelia L Mia N Lauren K

JL2 Scarlett C Edie D Erica G Imogen M Mia W

<u>JL1</u> Emily C

MCC Umpires

We recognise and thank all our umpires who have officiated throughout the year.

Congratulations to those Umpires who received either their Junior or Senior Level or their National Umpire Badge.

Seniors

<u>SL1</u> Isabella B

<u>National C Badge</u> Emily C

<u>National B Badge</u> Emma L



Sophie A Sophia B **Gabrielle B Catrin B** Kate B Jennifer C Hayley C **Camryn** C **Catherine D** Laura E Milly M **Charlotte F** Grace L **Rojen M** Samantha O Julia P Cartia P Aairah P **Elizabeth P** Sophie Q Anna R Edwina R Keira R **Klancy S Arwen T** Luci T

MCC Volunteer Netball Coaches

This season we had 21 Senior students volunteer their time and skills to Coach Junior teams throughout the season.

Thank you to the following Students:

Zoe A Isabella B Anna B Phoebe B Poppy C Hayley C Jemma D

Lynsey F Charlotte F Ella J Tara K Bianca K Oriana M Julia P Sara P Aairah P Hayley R Amber S Ella T Cleo W Tara W



Junior Netballer of the Year

Senior Netballer of the Year



Emily is a committed and talented Player and Umpire. As a member of the 15E team she was recognised as a talented Shooter and centre court player always displaying a sense of fair play and sportsmanship. She undertook her umpiring with a keen and committed drive to learn and improve her skills and was soon noticed by NSNA officials. Emily worked extremely hard to improve her knowledge and understanding of the rules culminating in her receiving her National C Badge this year. Hayley was a Player, Umpire and Coach in 2022. Arriving at the Courts early for her Coaching role she was often asked to fill in last minute for Coaches who called in sick, teams when they were short, and umpiring last minute for no shows. Hayley always displayed a willingness to help and support others. She showed outstanding leadership bringing dedication and commitment to her participation in MCC Netball.



Hayley C

Commitment to Extra Curricular Sport Years 7 to 12

<u>Soccer</u> Sonia A Logan M



Sport teaches you character, It teaches you to play by the rules

It teaches you to know what ít feels líke to win and lose It teaches you about lífe! Bíllíe Jean Kíng

Netball Gabrielle B Sophia B Poppy C Jemma D **Neave F** Hannah G **Bianca K Caitlyn M** Sara P **Diyashree R Arwen T Charlotte W**





Thank you

To all our Parent and Ex Student Volunteers We hope that you will join us at our **Annual Volunteers Cocktail Party** where we can recognize and thank you for all you do for **MCC Extra Curricular** Sport