



T2/2022 Menu



YBK Cafe'

- Café Style Raisin toast \$ 2.00
- Honey, jam or vegemite toast \$ 1.50
- Pikelets with jam or honey \$ 1.00
- Banana Bread \$ 5.00
- Cheese toastie \$ 2.50
- Fresh fruit salad \$ 4.00
- Fruit salad and Greek yoghurt \$ 4.50
- Up&Go \$ 3.00
- Fresh Juices \$ 3.50
- Chia Seed pudding \$ 4.50
- Variety of homemade muffins \$ 2.50

Coffee for Staff and senior students

Regular \$3.50, Large \$4.00

- Short Black
- Cappuccino
- Macchiato
- Long Black
- Flat White
- Caffe Latte
- Mocha
- Selection of Tea
- Hot Chocolate



YBK Snacks

Everyday

- Seasonal fresh fruit \$ 1.50
- Fresh fruit salad \$ 5.00
- Fruit salad and Greek yoghurt \$ 5.50
- Health pack (carrot, celery, cucumber, ham, cheese and crackers) \$ 4.50
- Cucumber, celery and carrot cups with Hummus \$ 3.50
- Variety of homemade muffins \$ 2.50
- Cheese toastie \$ 2.50
- Pizza bread \$ 2.00
- Greek Yoghurt cups \$ 3.50
- Greek Yoghurt cups with berries \$ 4.50

OCCASIONAL

- Oven baked hash browns \$ 1.50
- Garlic Bread \$ 1.00
- Vegie chips (Gluten free) \$ 2.50
- Popcorn Plain \$ 2.50

Drinks

- Water \$ 2.50
- Sparling Mineral water \$ 3.00
- Glee \$ 3.00
- Aloe Vera \$ 4.50
- Chill iced tea \$ 4.50
- Plain Milk popper \$ 3.00
- OAK Flavoured milk 300ml \$ 3.00
- OAK Flavoured milk 600ml \$ 4.00
- Flavoured Soy milk \$ 3.00
- Up&Go \$ 3.00

OCCASIONAL

- Juice poppers 99% fruit juice 250ml \$ 2.50

Special Diets

GLUTEN FREE

- Homemade Muffins \$ 2.50
- Banana bread \$ 5.00
- Pasta Bolognaise \$ 6.00
- Homemade fried rice with gluten free soy sauce \$ 6.00 (350g)
- Health pack with gluten free crackers and gluten free Hummus \$ 4.50
- Gluten free burgers \$ 7.00
- Gluten free pie \$ 6.00
- Gluten free sausage roll \$ 5.00

DAIRY FREE / VEGAN

- Soy milk \$ 3.00
- Chia pudding with coconut milk \$ 4.50
- Homemade muffins \$2.50

dairy free breads and spreads available



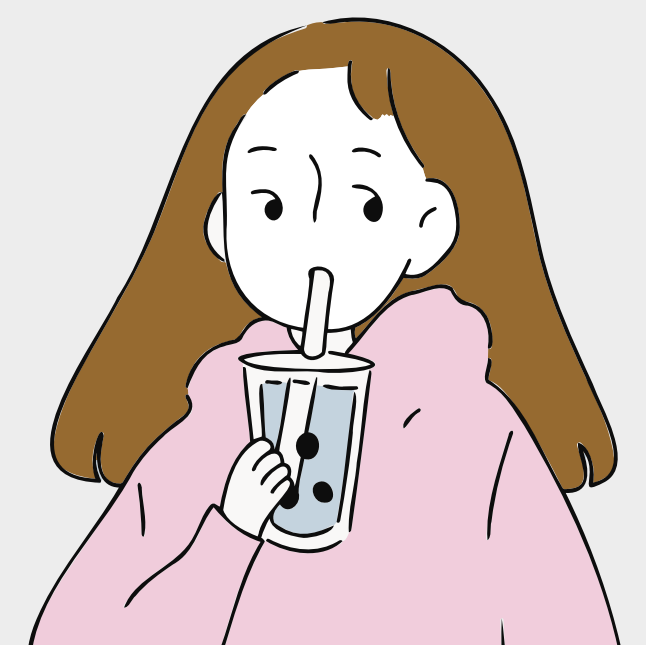
Everyday

- Juicies \$ 1.20
- Juicie Tubes \$ 1.70

OCCASIONAL

- Paddlepop \$ 1.70
- Moosies, frozen milk \$ 2.00
- Twisted Yoghurt cups \$ 3.00

Frozen





YBK Weekly Meals

Cold Food

WRAPS / ROLLS

- Char grilled chicken breast, lettuce, tomato, cucumber and mayo \$ 6.50
- Tuna, lettuce, tomato and mayo \$ 6.50
- Lamb wrap (lamb, tomato, cucumber, lettuce and yoghurt) \$ 7.00
- Falafel with mixed salad, tomato, hummus and tzatziki \$ 6.50
- Salad wrap with mixed salad, tomatoes, carrots, cucumber, beetroot and avocado \$ 6.00
- Homemade Chicken schnitzel, avocado, lettuce and mayo \$ 7.50

OCCASIONAL

- Chilli chicken tender with lettuce, tomato mayo and sweet chili \$ 6.50

EVERYDAY SANDWICHES

white, wholemeal, multigrain, Helgas low carb and gluten free bread available

- Vegemite or honey \$ 2.50
- Vegemite and light tasty cheese \$ 4.30
- Light Tasty Cheese \$ 4.00
- Chicken, lettuce and mayo \$ 5.00
- Chicken and salad \$ 6.00
- Egg and Lettuce \$ 4.50
- Salad \$ 4.50
- Tuna and mayo \$ 4.50
- Tuna and salad \$ 6.00
- Light Tasty Cheese and tomato \$ 4.50
- Ham \$ 4.00
- Ham and tasty cheese \$ 5.00
- Ham and salad \$ 6.00
- Cheese and salad \$ 6.00
- Ham, tasty Cheese and Tomato \$ 5.50

Extra fillings \$ 0.50, toasted \$ 1.00,
roll \$ 1.00 Turkish bread \$1.00, GF \$1.00

Fresh Salads in a bowl

- **Garden** Salad and dressing \$ 5.50
- Grilled chicken and salad \$ 6.50
- Tuna and salad \$ 6.50
- Greek salad small \$ 5.00 / large \$ 6.50
- Lamb salad \$ 6.50
- Vietnamese Salad \$ 6.50
- Pasta salad \$ 6.50
- Mediterranean Bean Salad with feta \$ 5.00
- **OCCASIONAL**
- Caesar salad (lettuce, bacon, parmesan and croutons) \$ 6.00 (with chicken \$1.00 extra)

Hot Food



- Pasta Bolognese (pasta with Homemade Bolognese sauce) \$ 6.00 (350g)
- Penne with napoletano sauce (with or without parmesan) Vegetarian \$ 5.50 (350g)
- Chicken kebab stick \$ 3.50
- Chicken Kebab on wrap with lettuce and mayo \$ 6.00
- Chicken Burger (chargrilled chicken breast, lettuce, mayo) \$ 6.00
- Beef burger (100% beef patty, lettuce, tomato and sauce) \$ 6.50
- Vegetarian Burger (sweet potato and couscous patty or potato patty+ lettuce, tomato and mayo) \$ 6.50 *Vegan Option Available*
- Soup of the day \$ 5.00

OCCASIONAL

- Ricotta and Spinach Rolls \$ 4.50
- Timbertown meat pie \$ 5.00
- Timbertown beef potato pie \$ 5.50
- Timbertown sausage roll \$ 4.50

MONDAY

Pizza Margherita \$ 4.50
(Margherita is with tomato and mozzarella cheese)

Pizza Vegetarian \$ 5.00

Pizza Ham and Pineapple \$ 5.50

Pizza Meatlovers \$ 6.50

TUESDAY

Portuguese chicken burger (peri peri chicken, lettuce, mayo, sweet chili sauce)
\$ 6.50

WEDNESDAY

Fried rice with vegetables \$ 6.00 (350g)

THURSDAY

Vegetarian NACHOS with beans, avo, sour cream, cheese \$ 6.50

FRIDAY

HOMEMADE butterchicken with rice \$ 6.50

*Daily specials may change according to season, weather/school events.



**HELP THE ENVIRONMENT BYO FORK
or purchase for 20cents**

