Dear Parents and Carers,

This week the College had a wonderful celebration of our Class of 2015’s HSC results. An Academic Assembly was held to which students who received an Australian Tertiary Admission Rank (ATAR) of 90 or above were invited, as well as students with other significant achievements. An ATAR is given to students by Universities to determine which course they are admitted to. 20% of our student’s received an ATAR above 90.

Rosie T. (Year 12, 2015) received a Premier’s All Rounder award, which is given to students who receive a Band 6 (90 marks or above) for every subject. She was invited to address the current students about why she thought she was so successful in the HSC. Rosie gave many important tips to the girls including: keep a balanced life, be organised and that more important than being the top in your subject is to be consistent with working to your capacity. The most important tip however, was to get into good habits when students are in the younger Years – take good notes, write their own study notes and ask their teachers for help. Very good advice, which you might have a conversation with your daughter about.

Upcoming Events:

TERM 1

Week 5
22nd February 12.00pm—4.00pm Music Excursion Yrs 10,11,12
23rd February 8.30am—10.00am Year 10 Cybershots
24th February 9.00am—1.30pm Year 7 Vaccinations
26th February College Swimming Carnival

Week 6
3rd March—9.00am—3.00pm Year 11 Textiles Excursion

PARENTS AND FRIENDS’ MEETING:
I was pleased to see some new Year 7 parents at our P&F meeting this week. Just to remind you of the P&F executive their names are below.

President: Phillipa Sobb
Vice-President: Catherine Walker
Secretary: Meredith Coleman
Treasurer: Robyn Sullings
OPEN DAY:

Open Day is on Sunday 6 March this year, and as “old” parents will know this is a very important day where all the staff and students are here to promote the College and welcome prospective families.

The College is closed on Friday 10 June, to give back the time, so attendance of all students on Sunday is compulsory. If your daughter is unable to attend for a serious reason, then a letter needs to be written to the Principal seeking permission for her to be excused.

The P&F Executive is seeking parents to help at the barbeque, transport table and as “greeters”, so if you can help please contact Phillipa Sobb. perrysobb@gmail.com

DIOCESAN SCHOOLS’ MASS:

Another celebration this week has been the Diocesan Schools’ Mass, where all new staff from every school in the Diocese was welcomed by Bishop Peter and staff who have served for 20 years or more in Catholic Education are recognised.

Mrs Helen Thomas, our Youth Minister and Religious Education teacher received a Certificate in recognition of her contribution to Catholic education.

Best Wishes

Suzanne Kavanagh

Principal

Mercy Girls Inspire

Karina is a highly skilled athlete and exemplary student. She has represented Mercy and the Broken Bay Diocese in Athletics since her commencement at high school. As she has progressed through the years at Mercy, she has concentrated her attention on the disciplines of high jump and hurdles.

Karina achieved two gold medals in the 17+ years hurdles and high jump at the 2015 New South Wales Combined Catholic Colleges Athletics Championships. She also achieved a gold medal in the 17+ high jump and a silver medal in the hurdles, at the NSW All Schools Championships.

Based on these fine achievements, Karina was selected into the NSW Schools Team to compete at the Australian Schools Athletics Championships.

Karina is also the 2016 College Captain, a position she strongly deserves due to her environmental work, contribution to school sport and dedication to her studies.
Message from the Assistant Principal

A few reminders:

**UNIFORM REGULATIONS:**
- Please ensure your daughters’ uniform is in good repair and the length is correct (on the knee).
- If hair touches the collar, it should be tied back with a ribbon, scrunchie or hairclip in navy, white or black.
- Hair should be a natural colour and of a conservative style.
- The following jewellery may be worn: a watch, **one pair of plain studs or sleepers (gold or silver) in the lower lobe. All other facial piercing is prohibited.** A cross on a chain may be worn but must not be visible when worn with the school uniform.
- Make-up, nail polish, acrylic, gel and shellac nails, plastic earrings are not to be worn.
- Chewing gum is prohibited.

**Summer Uniform:**
- Summer dress (length on the knee)
- Short white, plain ankle socks (no anklets or knee-highs)
- Black, lace-up leather school shoes with no coloured stitching, metal tabs or higher heels.
- The College jumper or blazer may be worn with the summer uniform.

It’s pleasing to see most of the students have followed the uniform regulations. Those who do not follow the regulations will receive a detention and their jewellery is confiscated for the term.

Your support is greatly appreciated in ensuring that your daughter takes pride in her appearance as an ambassador for the College.

**Open Day SUNDAY MARCH 6 11-2.00PM—STUDENT ATTENDANCE IS COMPULSORY**

Students are required to be at Open Day on Sunday 6th March from 10.30 – 2pm. Please mark this date in your diary and on your calendar. More information will be given as we get closer to the day.
Message from the Director of Student Wellbeing

Last week Year 7 went on camp and participated in many activities that gave them the opportunity to get to know other girls in their Year. The building of any friendship takes time and effort on both sides. Girls often feel they are missing out if they do not have a best friend but they do have a group of friends. It is not necessary for every girl to have ‘a best friend’. When I speak to girls who are distressed about not having a best friend, I often get them to talk to me about the friends they are with at recess and lunch and what they enjoy about being with these girls. By getting girls to reflect on what they have got, they see they are not alone and they do have the support of others. To be in a positive relationship with friends means to be accepting of others with all their quirks, be supportive and most importantly happy.

It is not unusual for friendship groups to change over the course of the year; the only difficulty with change is the inability for others to accept the change. Continue having conversations with your daughter about how she is going, who she is sitting with during break time and learn the names of some of her friends.

Below is an article about making friends written by clinical psychologist Andrew Fuller. Andrew Fuller works with many schools and communities in Australia and internationally, specialising in the wellbeing of young people and their families. He is a Fellow of the Department of Psychiatry and the Department of Learning and Educational Development at the University of Melbourne.

**How to make friends**  
*by Andrew Fuller*

One way to be happier is to increase the quality of our friendships. Whether you are a sociable person or a loner, friendships are important. One of the easiest ways to remain engaged and interested at school, at work or in life is to enjoy the company of the people that we are with. Let’s talk about how to build friendships (without turning into some sort of gushy, over the top, Ned Flanders type character).

**Look people in the eye**  
Gaining brief eye contact with people communicates interest and trust. One simple way to do this is to mentally remind yourself to notice the colour of other people’s eyes as you say hello to them.

**Smile and say hello**  
While the minimalist “hi” accompanied by a shrug may seem cool, it can also come across as disinterested and uncaring. Smile genuinely when you meet people and let them know you are glad to see them.

**Call people by their name – a lot**  
Most people feel liked and reassured when someone calls them by their name. Try to use their name at least twice in a conversation, once when you meet them and once when you say goodbye.

**Be where you are**  
One of the easy ways to stand out as a good friend is to be with people when you are with them. This means rather than checking messages, or scrolling through social media or sending texts you actually stop, talk, look at and listen to the people you are with.

**Feel lucky to know them**  
One of the really simple ways to be a good friend to someone is to decide that you are lucky to know them.

**Ask people what they think**  
One way of getting past the awkward stage in conversations is to not just ask people what they have been doing but also what they think about something. Seeking their ideas shows that you value them.

**Get to know a lot of people**  
Not everyone you meet will be a close friend. The more people you get to know even a little bit, the more likely you will be able to find friends. It can also be good in life to know some people as good acquaintances as well as having close friends.
Get to know people who are different
One of the ways to live an interesting life is to talk to people who are different than you. Getting to know people from different countries and backgrounds will enrich your life and stretch your ideas.

What young people want in a friend
I asked over 1,000 young people last year what they looked for in a friend. They said: humour, honesty, kindness and caring trustworthy non-judgemental happiness.

Say hello to people you don't know
All of your friends were strangers once. Maybe it is time to start saying hello to some people you would like to be friends with but don’t know yet. The best way to lose an enemy is to make them into a friend:- Abraham Lincoln.

Message from PDHPE Co-ordinator

Sun Safety @ Mercy
Our College recognises the importance of sun safety. Staff implement a range of strategies that protect students from the damaging effects of the sun. Mercy’s approach to sun safety is supported in the following ways:

- Sunscreen is provided at the front office for student daily use.
- Shade shelters and covered areas have been erected in various locations to shield students from harmful UV rays.
- Our College Sports uniform includes a collared polo and cap.
- PE staff provide sunscreen for all outdoor lessons and sporting carnivals
- PE staff strongly encourage students to wear their cap at all times.
- When planning outside events such as sporting carnivals, staff put an emphasis on time of day and shade planning.
- Staff consider sun safety when planning school excursions.
- Staff take a proactive approach to sun safety through the use of sunscreen, sunglasses and hats.

Whilst it is widely known that exposure to high levels of ultraviolet (UV) radiation in sunlight can cause skin cancer, not enough time in the sun can mean low levels of vitamin D. Vitamin D keeps our bones healthy and strong for life, and reduces the risk of osteoporosis in adults – a condition causing brittle bones.

In NSW, UV levels are at their lowest in June and July. In the north and far west, most people need 20–25 minutes of sun exposure during mid-morning or mid-afternoon, and in the south 30–40 minutes in the middle of the day. This will keep your vitamin D levels topped up during winter and means braving the chill and rolling up your sleeves to get some sunlight on your forearms as well as your hands.

UV levels can change from day to day. When UV levels are 3 and above use sun protection. People who use sunscreen regularly when UV levels are 3 and above do not have lower vitamin D levels than people who don’t. You can download the SunSmart App to check the UV rating in your area and for more information.

Mr Mark Cuttler
PDHPE Co-ordinator
College Opening Mass

The Mercy College Welcoming Mass introduced the theme of “Blessed are the Merciful” which will be embraced in 2016 as we enter into the Jubilee Year of Mercy.

The Mass was celebrated by Father Paul Finucane at Our Lady of Dolours Church who challenged the students to use their gifts, participate and “put your hand up for everything”. The message in the readings called on each member of the College community to “be merciful just as your Father is merciful”. To be people of compassion who through acts of mercy make a difference to the lives of others, to empower them so that they are able to live with dignity and respect in our society.

Father Paul welcomed and blessed all new staff and students to our College community:

Lord God, your Spirit of wisdom fills the earth and teaches us your ways. Look upon these new teachers. Let them strive to share their knowledge with gentle patience; and endeavour always to bring the truth to eager minds. Look upon these new student members of the Mercy Community. Let them enjoy their learning and take delight in new discoveries. Help them to persevere in their studies and give them the desire to learn all things. Grant that all teachers and students alike may follow Jesus Christ, the way, the truth, and the life, for ever and ever.

We also commissioned a new year of leaders to the College who made the following pledge for their leadership.

“As a leader at Mercy College I pledge that I will carry out my duties and responsibilities in the spirit of Catherine McAuley.

I will serve my community with generosity and a willingness of heart. May the blessing of Our Lady of Mercy be with me in all my endeavours.”

As we gaze into this year of Mercy may we commit to placing mercy at the heart of our lives for the year ahead to enrich the spiritual and corporal needs of our community as we respond to the call of Pope Francis who reminds us that mercy, is ‘that which God likes most’.

Ms Gabie Stojanovski
Religious Education Coordinator
A Prayer for Ash Wednesday

O Jesus, you place on my forehead the sign of your saving Cross: “Turn away from sin and be faithful to the gospel.”

How can I turn from sin unless I turn to you?

You speak, you raise your hand, you touch my mind and call my name, “Turn to the Lord your God again.”

These days of your favour leave a blessing as you pass on me and all your people. Turn to us, Lord God, and we shall turn to you.

Ash Wednesday 10 February

Ash Wednesday marked the beginning of the Season of Lent. It is a season of penance, reflection, and fasting which prepares us for Christ's Resurrection on Easter Sunday. The mark of the cross made with the ashes upon our foreheads symbolise penance and contrition and remind us that God is gracious and merciful to those who call on Him with repentant hearts.

Where once upon a time we used to ask, “What are you giving up for Lent”, the focus has shifted to “What are you doing for Lent?” We encourage the students to undertake an extra task of service towards others as a way of preparation for the Easter season which lies ahead.

Ash Wednesday marks the beginning of the 50th annual Caritas Australia Project Compassion appeal. Project Compassion 2016 focuses on 'Learning More, Creating Change'. It aims to address global education inequality issues by sharing knowledge through education and training programs so that individuals and communities are empowered to transform their futures. Donations to Project Compassion allow Caritas Australia, the Catholic Agency for International Aid and Development, to work towards this creation of a more just and fair world for whole communities.

The Mercy Action Group launched our appeal after the Ash Wednesday Mass. Each Tutor Group has received a Project Compassion box. Members of the College's Mercy Action Group will collect money each Friday for the period of Lent. Each student will also receive an individual Project Compassion box to collect money from family and friends.

Please put your compassion into action this Lent by supporting Project Compassion in 2016.

Ms Gabie Stojanovski
Religious Education Coordinator
Year 7 Camp

On Monday and Tuesday of Week 3 Year 7 embarked on their first high school excursion - a camp to Wesley Mission Valley, Arcadia. The girls were excited, albeit nervous about leaving home for one night to try new things and make new, positive connections. On Monday morning the buses were packed and took off for the short bus ride to Arcadia. On arrival at the camp the girls were ready to get involved in the many activities on offer. The girls had the opportunity to slide down the water slide, beat the drums, leap from a pole on the Vertical Challenge and scream at the top of their lungs slipping down the Flying Fox. They were able to work as a team in the Wilderness and Raft building Challenges. There were many opportunities for the girls to meet their peers, in a fun and relaxed environment to return with many new friendships formed and stories to share.

Miss Laura Snell
Year 7 Co-ordinator
Student News

Swimming Carnival

On Friday 26 February, the Annual Interhouse Swimming Carnival will be held. Lane Cove Aquatic Centre will host the carnival with students travelling to and from the venue via hired buses. All students must be at school by 8.35am so that rolls can be marked prior to them boarding the bus. Buses will return to the College by 3.10pm.

Students must wear their full sports uniform (including shoes) to school and may then change into more colourful attire. If students do not have a complete sports uniform, the College uniform must be worn to school. For students who live close to the venue and wish to depart from the pool, a signed letter from the parent/carer must be submitted to the student’s Year Co-ordinator at the beginning of the day.

Students will have the opportunity to participate in a variety of swimming strokes throughout the day and if time permits, some novelty events may also be organised. For those students who wish to swim competitively and want to be considered for Age Champion, they will need to participate in the Championship Events. For those who simply want to ‘jump in for a swim’, participation races will also be scheduled. The College encourages all students to swim in at least two events throughout the carnival so they can earn points for their Colour House and be involved in the spirit of the day.

A one piece swimming costume should be worn and sun/rash shirts are also recommended. If a student’s swimsuit is deemed inappropriate by staff, they will have to wear a shirt provided by the College.

Although the kiosk will be operating at specific times throughout the day, students are encouraged to bring their own food and water with them. Sunscreen and first aid will be provided. Additionally, personal medication and protective clothing should be part of every student’s belongings to ensure they enjoy the day.

In the event of poor weather, students are asked to bring wet weather gear such as a raincoat, umbrella, extra towel and plastic bags for their swimmers.

If you have any questions about the Swimming Carnival, please contact Mark Cuttler on mark.cuttler@dbb.catholic.edu.au

Mr Mark Cuttler
PDHPE Co-ordinator

Year 11 News

Last week Dr Prue Salter from Enhanced Learning Educational Services (www.enhanced-learning.net) ran a study skills evening with Year 11 parents and students.

The session focused on helping students identify changes and improvements they could make to their approach to their studies in order to maximise their results in their final years of school. The main areas covered with Year 11 were setting up an effective home study environment, managing resources for school (both paper and digital), working effectively at home and dealing with distractions, managing time efficiently, using the diary as a planning tool, making brain-friendly study notes and using a wide variety of active study techniques to suit individual learning styles.

Parents are encouraged to review the handout from the session with students and discuss the main areas identified where changes need to be made. Parents can also find extra study skills tips on the following website: http://studyskillstopipstparents.com/.

Mrs Genine D’Arcy
Year 11 Co-ordinator
Stories in the Dark – A Mercy College Production

Rehearsals are well under way for our Junior Production ‘Stories in the Dark’ by Debra Oswald. With over 50 students involved, including a great bunch of boys from Pius, rehearsals have been packed with laughter and new friendships have formed.

In the play a terrified 12-year-old boy (Timothy McLachlan) finds himself separated from his family in the unfamiliar streets of a war torn city. He takes refuge in a bombed-out house and in the total blackness his bravado crumbles into tears.

Into his life steps Anna (Cassie Parker) – older, street smart and scornful of his crying. As a way of quieting the boy, she starts to tell him a story that she vaguely remembers from her own childhood. And so begins a journey into the shifting, shimmering world of ogres, princes, singing bones, foolish lads and wolf-mothers.

*Stories in the Dark* explores the power of storytelling, mingling the magic and earthy wisdom of folk tales with the hard-edged story of war, conflict and the struggle to survive.

We hope many of you will come and witness the wonderful energy and spirit of this young cast. The production will take run from the 28th-29th April, 2016 at the Sarto Centre, Chatswood. Tickets are $15 each and can be purchased at [http://www.trybooking.com/182702](http://www.trybooking.com/182702). Please note that this production does contain depictions of war and is not suitable for younger children.

Furthermore, in preparation for the production we are trying to source the following items. If you are able to donate any of the following please email amy.gill@dbb.catholic.edu.au. We would love to hear from you.

**Items needed**
- Old pots / cooking bowls / wooden spoons
- Old shovels
- Old fashion suitcases / trunks
- Brown clothing – Particularly women’s clothing: skirts, blouses, vests, cardigans. Blouses in cream, white, or beige. Also men’s collared shirts in the same colours. It does not have to be in great condition as the play is set in a war zone!
- Old neutral coloured hand bags, knapsacks, back packs
- Neutral coloured shoes – Men’s and ladies
- Any old rusted tools
- Water canisters
- Empty water/chemical drums (cleaned and rinsed)

*Mrs A Gill*
Drama
Mercy Catholic College presents

Stories in the Dark

by
Debra Oswald

28th - 29th April 2016,
6.30pm
Sarto Centre, Chatswood
Tickets $15
Book Now: http://www.trybooking.com/182702
Northern Sydney Public Health Unit
School Vaccination Program
Ph: 1300 066 055

Mercy Catholic College

Vaccination Clinic Visits Schedule

24 February 2016
Year 7 Human Papillomavirus Vaccine (Dose 1)
Year 8 (catch-up) Human Papillomavirus Vaccine

5 May 2016
Year 7 Human Papillomavirus Vaccine (Dose 2)
Year 8 (catch-up) Human Papillomavirus Vaccine
Year 7 Diphtheria-Tetanus-Pertussis

8 September 2016
Year 7 Human Papillomavirus Vaccine (Dose 3)
Year 8 (catch-up) Human Papillomavirus Vaccine
Year 7 Chicken Pox
World Youth Day 2016 – Krakow -177 days to go

In July, six Year 11 Mercy students will partake in a ‘life-making journey’ as they begin their pilgrimage to World Youth Day in 2016. The pilgrimage will follow in the footsteps of the Saints through Italy and then continue through Poland to Krakow for the World Youth Day celebrations. Please pray for our pilgrims as they embark on this amazing faith journey.

To help with the price of their tickets the girls will be selling raffles tickets at the College. If you wish to support the pilgrims please send money with your daughter. Tickets are $2 each. Alternately, if you are interested in selling a book of tickets please ask your daughter to see Mrs Thomas.

The raffle will be drawn on 20 March, 2016. The prizes for the raffle include:

1st Prize – Car  
2nd Prize – European Holiday  
3rd Prize – Apple watch  
4th Prize – Mini iPad

Mrs Helen Thomas  
Youth Minister
Parent News
Message from the Parents & Friends President

2016 Annual Cocktail Party

If you are interested in attending this wonderful event, please consider booking your ticket this week. This is the main social event organised by the P & F for MCC parents and provides a lovely opportunity for you to meet other parents. I especially welcome and invite new parents to MCC.

Date  
Friday 11th March 2016

Time  
7.00pm – 11.00pm

Venue  
Cocktail Foyer – Harbourview Lounge, Kirribilli Club, Lavender Bay

Tickets  
$50 per person – includes drinks and open food

Dress  
Smart Casual

RSVP  
4 March 2016

Tickets  
http://www.trybooking.com/152198

Open Day - 6 March 2016

Thank you to those parents who have offered to help on this day. I would be very grateful if more parents who have an hour or two available could let me know ASAP. The tasks are easy and fun and include: set up, BBQ cooking, food and drink preparation, Transport Information Table, Welcoming Area, helium balloon inflating and then pack up. Please consider volunteering and sharing your enthusiasm for this wonderful school with potential and future parents and their daughters.

P & F Parent Co-ordinators

Thank you to the following parents who have very generously offered to take on a role this year.

Year 7  Fiona H
Year 8  Deborah B / Catherine W
Year 9  Vacant
Year 10 Vacant
Year 11 Vacant
Year 12 Phillipa S

If you have a daughter in Year 9, 10 or 11 and would like to help, please let me know. This is not a big job at all and can be shared between a few parents in each Year Group. In conjunction with the P&F, you would help organise and generate enthusiasm for a few casual parent gatherings throughout the year.
Year Group Lists

The P & F has made some progress over the last few years in creating Year Group Lists to enable some social gatherings for families and girls in Year Groups. If you are happy for your contact details to be distributed to your daughter/s Year Group (or would like to update them on a current list), please complete the information below for each daughter at MCC.

Most families in Years 7 and 8 have contributed their details to the list. If you have a daughter in Year 7 and have not received a ‘Welcome’ email from me, then your details are not on the current P & F Year 7 Group List. Details can be emailed to me, or printed, signed and sent via the school office.

Your contact details will only be used by your Year Group Co-ordinator to provide information regarding Year Group Gatherings, or by me regarding P&F matters. It will not be forwarded to other parties and will not be used for marketing.

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Parent/Carer Authorisation Signature (if sending information via MCC Office)

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P & F Meeting

Thank you to those parents who attended the first P & F Meeting on Wednesday 17 February 2016. Minutes will be available on the school web site for review by Monday 7 March 2016.

I look forward to seeing you at the Cocktail party.

Please call me at any time if you have any questions or to provide ideas or feedback.

With best wishes,

Phillipa Sobb
President P & F
perrysobb@gmail.com
0411 429 629
HSC Survival: A Guide for Parents

14th March, 2016. 6.30 - 8.30 pm, Gordon

Presented by KYDS specialist adolescent counsellors and psychologists, this parent information session provides information, tips and ideas for keeping senior school students calm, focused and on track during the HSC years. Time provided for questions from the floor, and then to open individual conversations with KYDS staff following the formal presentation.

Hosted by Ku-ring-gai Council Youth Services at Ku-ring-gai Council Chambers, Pacific Highway, Gordon. $5 entry.

Bookings to: youth@kmc.nsw.gov.au

Study Stress-Busters: Holiday Workshop for Students

Wednesday April 13, 2016. 10am - 2pm, Lindfield

Designed for students in years 10, 11 & 12, this half-day, interactive workshop helps students maintain a healthy, balanced lifestyle during the often-stressful last two years of high school. KYDS counsellors have designed this workshop in direct response to issues being seen daily at KYDS counselling centres in Lindfield & Epping. Hands-on and interactive in style, the small group workshop provides resources, tips and techniques for managing time, dealing with procrastination, staying focused, channeling energy, coping with anxiety & nerves, and staying healthy.

$25 per student, covering handouts, resources and light lunch.

Hosted by KYDS at the KYDS Centre in Lindfield (Rear 265 Pacific Highway, Lindfield - just behind Lindfield Library).

Bookings to: www.trybooking.com/KEME

Paying Attention to Self: Support Group for Teens from Households impacted by Family Mental Health Issues

Paying Attention to Self (PATS) is a free group support program for young people who have a parent or sibling impacted by mental health issues such as depression, anxiety, bi-polar disorder, etc. Running one afternoon a week for eight weeks, the group is facilitated by KYDS specialist staff, and provides companionship, structured skills and resilience building, resources and support in a teen-friendly, caring environment. Along the way, each PATS group forms strong bonds, sharing experiences, occasional tears, and lots of fun and laughter along the way.

Enquiries are now being taken for the Term 2 PATS group, starting May.

For more information, or to register an expression of interest, call KYDS on 02 9416 0600 for a confidential chat.

About KYDS

KYDS Youth Development Service is an independent non profit organisation that has been providing free, confidential counselling, support, and life-style education for adolescents in Northern Sydney since 2005. KYDS counsellors are specialist, professional staff who listen without judging, and work with young people to help them understand and effectively manage difficult circumstances in their lives. Last year, the KYDS team provided more than 2,000 free, one-to-one counselling sessions, helping young people deal with issues such as grief, loss, family breakdowns, relationship problems, bullying, stress, anxiety, depression, self-harming and risky behaviours. To learn more, go to: www.kyds.org.au
PRAISEFEST

"OUR FATHER OF MERCY"

at Our Lady of Good Counsel Church, Forestville

FRI 11 MARCH 2016
FROM 6PM
DINNER / MUSIC / MASS / FRIENDS + MORE
ALL INVITED!

WWW.DBB.ORG.AU/YOUTH
“The St John’s Narraweena community have produced a stunning family cook book, with over 100 recipes from families and ex-student and celebrity chef, Hayden Quinn. Professionally photographed and designed, Share can be purchased online at www.sharecookbook.com”
Thanks for transitioning to online registrations with minimum fuss. Attendance at grading has been excellent (thanks grading team), Monday’s uniform fitting went smoothly (thanks parent helpers). It all makes for a smoother pre-season - greatly appreciated.

Last Call for Registrations

At this stage, we cannot guarantee latecomers a team but there are prospects in some age groups. In particular, a few more **Year 8 players** would help consolidate two graded teams.

If interested in registering, students should see Mrs Kellendonk ASAP. Teams will be posted sometime next week (22-26 Feb).

Interested in Umpiring?
If you would like to umpire for MCC this year, please fill out the MCC Umpire form. You can request a link via umpire.netballmcc@gmail.com or fill it out in Google Forms.

You’ll find a video of the New Netball Rules on YouTube: [click here](#)

Coaching Interest
If you haven’t responded already, please email netballmcc@gmail.com with the following information ASAP. We will be assigning coaches from next week.

- **Name:**
- **Email:**
- **Mobile:**
- **School Year & Age:**
- **Coaching Experience:**
- **Availability (Day, Before or After School):**
- **Preferred Age Group(s) *:**
- **Preferred Pairing *:**

* No guarantees, as we have many considerations to manage, but the information will be noted.

NSNA Red Robin Clinics – Diary Dates
With the introduction of new rules, all MCC umpires and coaches will be required to attend a Red Robin Clinic at the Willoughby Courts.

- **Saturday, 12 March 9-12pm**
- **Saturday, 12 March 1-4pm**
- **Sunday, 13 March 1-4pm**

Umpire registrations via email above

Coaches who will not be attending an Umpiring session should register for the **Sunday, 13 March session 10-12pm** (Discussion for Coaches / Experienced Umpires). Further information will be sent to coaches when placement is confirmed.
If you are unable to attend Canteen on your rostered day please try and swap with another volunteer.

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<td>Mon</td>
<td>E. Keri</td>
<td>L. Harapeti</td>
<td>Mon E. Barrell</td>
</tr>
<tr>
<td></td>
<td>Volunteer Required</td>
<td>Volunteer Required</td>
<td>Volunteer Required</td>
</tr>
<tr>
<td>Tues</td>
<td>L. Pinelli</td>
<td>L. Burton</td>
<td>Tue P. Der Bedrossian</td>
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<tr>
<td></td>
<td>L. Lim</td>
<td>Volunteer Required</td>
<td>M. Crawford</td>
</tr>
<tr>
<td>Wed</td>
<td>L. McCarthy</td>
<td>Wed C. Daniels</td>
<td>Wed A. Berthold</td>
</tr>
<tr>
<td></td>
<td>J. Barquin</td>
<td>L. Harris</td>
<td>C. Al Hakim</td>
</tr>
<tr>
<td>Thurs</td>
<td>R. Nolan</td>
<td>Thurs C. Locker</td>
<td>Thurs R. Habib</td>
</tr>
<tr>
<td></td>
<td>B. Valenti</td>
<td>C. De Mesa</td>
<td>Volunteer Required</td>
</tr>
<tr>
<td>Fri</td>
<td>Swimming Carnival</td>
<td>Fri R. Donnell</td>
<td>Fri C. Walker</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Volunteer Required</td>
<td>A. Ning</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>P. Macri</td>
</tr>
</tbody>
</table>

**IMPORTANT INFORMATION**

The roster for 2016 is being worked on at the moment. If you have any changes i.e. different days, contact number or email addresses please contact Anna, Angela or Nancy in the Canteen ASAP.

There is still days to be filled for volunteers in 2016 if you can spare a few hours to help out please phone the College 9419 2890

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**Parent News**

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Image of a smiling face with the text: *Teaching someone to drive can be a happy experience.*

**Time & Date:**
- Tuesday 22 March
- 6.30-8.30pm

**Venue:**
- Dougherty Centre, 7 Victor Street, Chatswood

**Book Now On:**
- 9777 7723
- or
- roadsafe@nsw.gov.au

*Helping learner drivers become safe drivers*
Career News

UMAT 2016

UMAT is a test that is used specifically to assist with the selection of students into the medicine, dentistry and health science degree programs at undergraduate level at the universities listed on the website. Registrations for UMAT 2016 are now open and close 5:00pm on 3 June 2016. The test takes place nationally on Wednesday 27 July 2016. Please visit https://umat.acer.edu.au/ for further information.

Through Engineers’ Eyes

Engineering mechanics by experiment, analysis and design
18 April 2016 - 12pm

This free online course will provide information on the techniques of engineering mechanics as well as use the theory to interpret experiment and designs. The course consists of four hours per week over a seven week period.

For more information please visit https://www.engineering.unsw.edu.au/all-events/free-online-course-through-engineers-eyes-engineering-mechanics-by-experiment-analysis

Introduction of Mathematics Prerequisite

The University of Sydney will introduce a mathematics prerequisite for some courses in 2019. The courses that will have the prerequisite will be listed in UAC's 2016 Year 10 guide. For further details please check http://sydney.edu.au/news-opinion/news/2016/02/01/mathematics-to-become-a-prerequisite-for-university-of-sydney-ad.html

University of Sydney Dux Scheme

The scheme offers a guaranteed place at the university for those who meet the ATAR requirements and are nominated by the principal by the 30 September. For principals nominating students, nominations are completed online. FAQ will also be available online through a portal, the login details of which will be released between the 5 and 7 August. For more information please visit http://sydney.edu.au/study/admissions/pathways-to-study/alternative-entry.html
## Events Calendar 2016

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Audience</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course guide</td>
<td>Available in March 2016</td>
<td>Year 12 students, their parents, Careers Advisers and teachers</td>
</tr>
<tr>
<td>Campus tours</td>
<td>11 April 10.30am – 12pm 21 June 4pm – 5.30pm 11 July 10.30am – 12pm 17 November 4pm – 5.30pm</td>
<td>Open to everyone</td>
</tr>
<tr>
<td>Macquarie in a Day</td>
<td>Thursday 21 April</td>
<td>Year 11 and 12 students</td>
</tr>
<tr>
<td>Careers advisers and Teachers Day</td>
<td>Friday 6 May</td>
<td>Careers Advisers and teachers</td>
</tr>
<tr>
<td>Global Leadership Entry Program</td>
<td>Applications open 9 May – 29 August. School presentation or support on the application process is available on request.</td>
<td>Year 12 students who are achieving strong academic results and are leaders in their community and involved in extracurricular activities</td>
</tr>
<tr>
<td>Information evening: for students and parents</td>
<td>Wednesday 18 May</td>
<td>Years 11 and 12 students and their parents</td>
</tr>
<tr>
<td>HSC in the Holidays</td>
<td>July and September holidays</td>
<td>Open to Year 12 students via hscintholidays.com.au</td>
</tr>
<tr>
<td>Macquarie Subject Taster Days</td>
<td>14–17 June</td>
<td>Year 11 and 12 school groups. Subject-specific days for Business, Health and Medical Sciences, Humanities and Science and Engineering</td>
</tr>
<tr>
<td>Open Day</td>
<td>Saturday 20 August</td>
<td>Open to everyone</td>
</tr>
<tr>
<td>Macquarie Discovery Days</td>
<td>24, 25, 28, 29, 30 November</td>
<td>Year 10 school groups</td>
</tr>
<tr>
<td>Get more from your ATAR information evening</td>
<td>Friday 16 December</td>
<td>Year 12 students and their parents</td>
</tr>
<tr>
<td>Speakers in schools program</td>
<td>Ongoing</td>
<td>Year 11 and 12 students. Macquarie academies will be available to deliver presentations on a range of subjects in your school.</td>
</tr>
<tr>
<td>School presentations</td>
<td>Ongoing</td>
<td>Year 11 and 12 students. Current Macquarie University students will come to your school or appear via live video conference.</td>
</tr>
</tbody>
</table>
Career News

Le Cordon Bleu Chef Demonstrations
Le Cordon Bleu will be providing chef demonstrations to Schools in NSW in 2016. The Sydney Campus will also be holding after hour tours at 6 pm every second Tuesday.

For information please contact Terry Patriarca tpatriarca@cordonbleu.edu or phone 0428546663 or visit http://www.cordonbleu.edu/sydney/home/en

UNSW Galleries
Come and visit the recently established UNSW Galleries which present an ambitious programme of changing exhibitions and projects; exploring recent ideas and research in art and design, creativity and culture, science and technology. For further details please visit https://www.artdesign.unsw.edu.au/unsw-galleries/

Insearch Information Session
25 February 2016, 10 March 2016, 5pm to 7pm
187 Thomas Street, Sydney
The Insearch pathway offers Diplomas for prospective students to undertake if they did not meet the ATAR requirement for their desired course. The Diplomas are offered as 8, 12 or 16 month courses. Please visit http://www.insearch.edu.au/Campaigns/imnotanumber

School Workshops
2 Short Street - Surry Hills - NSW 2010
Whitehouse Institute of Design offers workshops for school students, which are beginner classes and may be held on campus or at the school. Areas offered include drawing for fashion, interior drawing techniques, creative direction, textiles and design. These are suitable for students from Year 7 to 12. To book or for enquiries, please email enquiry@whitehouse-design.edu.au or phone: 02 9267 8799 or 1300 551 433