Canteen Menu

Food Catering

G Green - fill the menu
A Amber - select carefully
R Red - only occasionally
GF Gluten Free

Hot Food

Bacon Roll (A) $3.50
Egg Roll (G) $3.50
Bacon Egg Roll/Wrap (A) $4.00
Breakfast Meal Deal (A) $6.50
Egg & bacon roll or wrap & a small flavoured milk run £5.50
Toast and bunna bread & a small flavoured milk run £5.50
Toasted Sandwiches (G)
Cheese $3.50
Ham & cheese $3.80
Ham, cheese & tomato $4.00
Toast (G) Jam or honey $2.00

Cold Food

Fresh Fruit Salad (G) (GF) $4.50
Yoghurt & Muesli (G) (GF) $4.00
Yoghurt & Berries (G) (GF) $4.00
Fruit (G) Fruit available daily $1.00
Fresh Fruit Salad $4.00
Cereal & milk (G) Assorted $2.50

Hot Dishes

Special Fried Rice (G) $4.50
Butter Chicken (A) With rice $5.50
Mongolian Beef (A) With rice $5.50
Sweet & Sour Pork (A) With rice $5.50
Stir Fry Vegetarian Noodles (G) $5.50

Pasta

Lasagna (G) $5.50
Homemade beef
Homemade vegetarian
Pasta Penne (G) $5.50
Vegetarian
Char grilled vegetables & salsa
Penne Boccaloa (A) $5.50
Mushroom, ham, cream sauce
Fettuccine Chicken (A) $5.50
Sun-dried tomatoes, chicken, cream sauce
Spaghetti Bolognese (G) $5.50
We can also cater the above dishes. Gluten-free

Hot Meals

Gourmet Burger (A) $5.00
Fresh beef, onion, bbq sauce, beetroot, tomato & lettuce
Chicken Caesar Burger (A) $5.00
Grilled chicken, Caesar dressing, bacon, croutons & cos lettuce
Cheese Burger (A) $5.00
Fresh beef patty, cheese, fresh tomato & tomato sauce
Veggie Burger (A) $5.00
Chickpea & lentil patty, yoghurt, avocado, beetroot, alfalfa & cheese
Peri Peri Portuguese Burger (A) $5.00
Portuguese chicken, peri peri sauce & lettuce
Chicken Burger (A) $5.00
Fresh chicken patty, lettuce & mayo
Hot Chicken Schnitzel Roll (A) $5.00
Chicken schnitzel, lettuce & mayo
Sweet Chilli Chicken Tender Roll (A) $5.00
2 x sweet chilli chicken, lettuce & mayo
Oven Baked Wedges (A) $4.00
With sweet chilli and sour cream

Sandwich Bar

Chicken (G) $4.00
Lettuce & mayonnaise
Turkey (G) $4.00
Cranberry, alfalfa, cheese
Cheese Tomato (G) $3.50
Cheese & tomato
Smoked Ham (G) $4.00
Cheese & tomato
Chicken Schnitzel (G) $4.00
Ham & tomato
Salad (G) $4.00
Lettuce, tomato, cucumber, beetroot, onion & alfalfa
Egg (G) $3.50
Mayo & lettuce
Falafel (G) $4.00
Lettuce, tomato, cucumber & yoghurt
Tuna (G) $4.00
Mayo, cucumber & Spanish onion
Vegetarian (G) $4.50
Grilled eggplant, lettuce, sun-dried tomato, roast capsicum
Bread (G) White, wholemeal or multigrain
Wrap $1.00
White roll $0.80
Turkey/Focaccia $1.50

Turkey Breads

Chicken schnitzel Delight (A) $5.50
Chicken schnitzel, roast capsicum, pesto & cheese
Chicken Delight (A) $5.00
Roast chicken, avocado, sun-dried tomatoes & cheese
Mediterranean Delight (A) $5.00
Olives, artichokes, roast capsicum & feta cheese
Vegetarian Delight (A) $5.00
Eggplant, sun-dried tomatoes, roast capsicum & cheese
Ham Delight (A) $5.00
Smoked ham, sun-dried tomatoes, olives & cheese

Pies

Lean Beef Pie (A) $3.50
Lean Sausage Rolls (A) $3.30
Lean Shepherd’s Pie (A) $3.80
Spinach & Ricotta Roll (A) $3.50

Wraps (G)

Single $3.50 Double $5.50
Sweet chilli chicken, salad & cheese
Chicken Caesar, croutons, bacon, cheese & Caesar dressing
Falafel, tabouli, cucumber, lettuce & hummus
Chicken tandoori, yoghurt, cucumber & lettuce
Chicken schnitzel, tabouli, hummus, tomato & lettuce

Homemade Piza Slab

Margarita (G)
Cheese & Tomato $4.00
Vegetarian (G)
Olives, eggplant & roast capsicum $4.50
Hawaiian (G)
Ham & Pineapple $4.50

Sushi (G) (GF)
Chicken Teriyaki (G) $3.50
Tuna (GF) (G) $3.50
Crab cucumber roll (GF) (G) $3.50
Vegetable (GF) (G) $3.50