In 2017, the ‘It is Time to Shine’ program will be offering students at Mercy Catholic College the opportunity to participate in...

**DRAMA CLUB**

Drama Club is an activity that seeks to develop confidence, self-esteem, communication skills, collaboration skills and interest in the dramatic arts in a fun, supportive and non-competitive environment. Students are encouraged to be creative, imaginative and collaborative. Skills are developed in the areas of voice, movement, improvisation, playbuilding, scene and script work. Drama Club will participate in a performance which will be presented on Creative Arts night that will showcase the talent and creativity of students.

- **When:** Tuesday 2.40pm – 3.40pm (Year 7)
- **When:** Wednesday 3.20pm – 4.20pm (Year 8)
- **When:** Thursday 3.20pm - 4.20pm (Year 7 / Year 8)
- **Where:** Drama Room
- **Cost:** $128 per term (8 lessons)

**MUSICAL THEATRE CLUB**

Musical Theatre Club focuses on developing individual confidence and consolidating the performance skills of multi-talented (singing, dancing and acting) performance students. All classes are practical and skill-based. Musical Theatre Club will participate in a performance which will be presented on Creative Arts night that will showcase the talent and creativity of students.

- **When:** Tuesday 3.40pm – 4.40pm
- **Where:** Drama Room
- **Cost:** $128 per term (8 lessons)

**SPEECH AND DRAMA/MUSICAL THEATRE – TRINITY LONDON**

Various Speech and Drama; and, Musical Theatre programs are taught using the internationally recognised Trinity College London program. These programs provide students (in a group of 4) with a structured set of learning outcomes designed to help students develop a confident manner and a full, forward and free voice. Students may participate in examinations and eisteddfods.

- **When:** Tuesday – 45 minute rotations during College hours.
- **Where:** Drama Room
- **Cost:** $200 per term (8 lessons)

**MINDFULNESS, MEDITATION AND RELAXATION**

Mindfulness, Meditation and Relaxation is designed to enhance the wellbeing of students by exploring the breath, listening skills, mindfulness, movement, positive affirmations, guided meditations, self-belief, developing positive relationships, resilience and gratitude. The classes are practical and skill-based.

- **When:** Tuesday 1.00pm – 1.30pm (during lunch) (Year 7 – 9)
- **When:** Wednesday 1.30pm – 2.00pm (during lunch) (Year 10 – 12)
- **Where:** Flexible Learning Space
- **Cost:** $80 per term (8 lessons)

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